



Compagnie des guides  
SAINT-GERVAIS  
LES CONTAMINES  
— Organisation —

43 RUE DU MONT-BLANC  
74170 SAINT-GERVAIS  
04 50 47 76 55

WWW.GUIDES-MONT-BLANC.COM  
CONTACT@GUIDES-MONT-BLANC.COM



## **AIGUILLES D'ENTREVES 3,600 M**

### **Climb for a day**

That summit offers one of the most beautiful views of the massif on the French, Swiss and Italian Alps.

It is an interesting climb of chiseled ridges where you will use the high-altitude rope operations. A very recommended climb both from aesthetic and technical perspectives. That climb begins from Helbronner cable-car (3,462 m) in Italy.



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## OUTLINE

**The previous day** Appointment at 6.30 pm at the guides' office where you will meet your guide.

### Day 1 **Aiguilles d'Entrèves**

Departure from Helbronner cable-car in Italy. A glacial route leading to Col d'Entrèves enables to get to the ridge of Aiguilles d'Entrèves. The crossing is made by blades on the edge of the ridge and turns to the sharp gendarme (summit rise). Complexity level of III/IV. You will go down onto the other slope by abseiling and by using a system of sloping cracks. An easy ridge of level III and a chimney lead to the snow slope which itself leads to the ascent path. Some snow brightens up the technical nature of the route.

**The guides could be led to change the programme depending on the weather conditions, the mountains and the level of the participants.**

## 2021 DATES

Group sessions: Every Friday from June to mid-September depending on the conditions

Private sessions: Every day from June to mid-September depending on the conditions

## PARTICIPANTS AND SUPERVISION

Max. 2 people per guide.

Guaranteed departure in group sessions from 2 subscriptions.

You will be supervised by a mountain guide.

## NIVEAU PHYSIQUE ET TECHNIQUE

This climb requires a good training and is intended for sportspeople who have already practiced mountaineering successfully. Endurance sports: cycling, running, hiking.

You will progress on an unmarked high-altitude mountain route, you will then have to know the dangers linked to that activity (cracks, seracfalls, rockfalls, avalanches, very low temperatures).



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## 2021 RATES

### Price of the group option:

285€ / person (departure at 2 subscriptions)

### Price of the private sessions:

1 participant : 510€

2 participants : 295€ / person

3 participants : 340€ / person

### The price includes

- Supervision by a mountain guide
- Mont-Blanc tunnel fee
- Lift pass

### The price does not include

- Drinks, cereal bars, and other personal expenses
- Transportation to the starting point
- Your personal insurance
- Your hiking equipment
- Everything that is not mentioned in « the price includes »

## REGISTRATION AND PAYMENT

Thanks to the registration form dated and signed and with the 30% deposit, plus the optional insurance coverage amounts. The balance will be paid 30 days before the departure date. Having repatriation help service coverage is compulsory to attend our trips. If you do not have one, we can offer you one.

## APPOINTMENTS

The appointment takes place the day before the departure at 6.30 pm at the guides' office (in the Tourist Office building) in Saint-Gervais.

Location : <https://goo.gl/maps/58Kc9c7E3FsXXAcQ6>

Please let us know if you cannot be present, the appointment can be done by phone.



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## EQUIPMENT LIST

### Technical equipment

- Helmet
- 35/40-litre rucksack
- Two telescopic walking poles with washers
- Harness with locking carabiner
- Ice axe
- Gaiters
- Mountain boots with stiff soles to put crampons
- Semi-automatic crampons equipped with anti-boots

You can rent the technical equipment with our partners:

- For Saint-Gervais: - [www.blanc-sport-saintgervais.com](http://www.blanc-sport-saintgervais.com)  
- [www.unlimited-saintgervais.com](http://www.unlimited-saintgervais.com)
- Les Contamines - [www.intersport-lescontamines.com](http://www.intersport-lescontamines.com)

### Clothing:

Upper body :

- Hat and headscarf or balaclava
- Modern fibre underwear, long and short sleeves
- Thick fleece jacket or down jacket for the bottom of the bag
- Thinner fleece jacket or down jacket
- Gore-Tex jacket (the ski anorak is not adapted)

Lower body :

- Modern fibre tights
- Gore-Tex trousers
- Warm socks



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### **Essential equipment :**

- Glacier glasses
- Cap
- 2 pairs of gloves : a thin pair and a warm pair like mittens
- Sun cream and labial screen ultra protection
- Thermos flask of tea (0.5 L minimum) and energy bars
- Small personal first-aid kit (aspirin, second skins)

**Do not hesitate to contact us if you need some advice for your physical training, the selection of your equipment or the organisation of your trip.**